## SCHWEIZER SKISCHULE





# Additional information on young children's snowboard lessons

#### Before the lesson

- The meeting place before the lesson and the collection point after the lesson is always the relevant snowboard school meeting point. Exceptions can be agreed with parents.
- Parents are requested to check their children's equipment (skis, bindings, boots), clothing (ski pants, jacket, gloves) and protective gear (helmet, back protector, goggles, sunglasses, tissues, etc.) to make sure it is fit for purpose and to apply appropriate sun protection (min. SPF 25).
- Parents are also requested to take their children to the toilet before the lesson begins.

### Start of the lesson

- The children's snowboard instructor will inform parents and children about the day's programme at the start of the lesson. Day trips will be announced well in advance.
- Each group will be identified by the snowboard school's coloured vests and the children will carry a completed contact card with them (parents' mobile number).

#### Lessons

- The children and their needs, expectations and individual requirements are the focus of our activities. Our aim is to teach children how to snowboard safely, in a fun way that is appropriate for their age.
- The instruction is based on the latest findings and current teaching methods, educational and technical principles. Progress is recorded in the SWISS SNOW LEAGUE booklet and the children receive an attractive badge at the end of the skiing week.
- The lesson involves learning through play in an area specially cordoned off for the children and equipped with learning aids, such as magic carpets the SWISS SNOW KIDS' VILLAGE SNOWBOARD in Molseralp.

### Organisational matters

- In the lower children's classes (Blue League), the children's snowboard instructor does not leave the children's area without the consent of the children's supervisor.
- Ski lifts and chairlifts can only be used with the consent of the children's supervisor.
- The children will be told and instructed how the lift operates and how to behave on entry, during the journey and on exit.
- Children must never ride on a chairlift alone. The children's snowboard instructor will organise escorts for the children. If possible, parents accompany their children on the first trip.
- Children will never be left alone or unsupervised.
- Instructors will also monitor the children's physical well-being e.g. cold, wet, sun protection, equipment.
- In case of uncertainty, ask the children's snowboard instructor for advice. Children remain under supervision until they are collected by their parents.